


FUZE EVENTS!

NOVEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 *Nutrition Bar* 7am-4:30pm *Cardio Dance* 6:00pm	5 *Nutrition Bar* 7am-4pm	6 *Nutrition Bar* 7am-4:30pm	7 *Nutrition Bar* 7am-4pm *Cardio Dance* 6:00pm	8 *Nutrition Bar* 7am-4:30pm	9 CARDIO DANCE 9:45am-10:45am *Nutrition Bar* 9am-2pm
11 *Nutrition Bar* 7am-4:30pm *Cardio Dance* 6:00pm	12 *Nutrition Bar* 7am-4pm	13 *Nutrition Bar* 7am-4:30pm <div style="border: 2px solid orange; padding: 5px; text-align: center;"> *SHAKE N PAINT* \$25 6:00pm </div>	14 *Nutrition Bar* 7am-4pm *Cardio Dance* 6:00pm	15 *Nutrition Bar* 7am-4:30pm	16 CARDIO DANCE 9:45am-10:45am *Nutrition Bar* 9am-2pm
18 *Nutrition Bar* 7am-4:30pm *Cardio Dance* 6:00pm	19 *Nutrition Bar* 7am-4pm	20 *Nutrition Bar* 7am-4:30pm	21 *Nutrition Bar* 7am-4pm *Cardio Dance* 6:00pm	22 *Nutrition Bar* 7am-4:30pm	23 CARDIO DANCE 9:45am-10:45am *Nutrition Bar* 9am-2pm
25 *Nutrition Bar* 7am-4:30pm *Cardio Dance* 6:00pm	26 *Nutrition Bar* 7am-4pm	27 *Nutrition Bar* 7am-4:30pm	28 CLOSED HAPPY THANKSGIVING 	29 *Nutrition Bar* 7am-4:30pm	30 CARDIO DANCE 9:45am-10:45am *Nutrition Bar* 9am-2pm

****Herbalife Opportunity Meetings: Learn how you can make money with Herbalife! Thursday's @ 7:00pm. Ask for more information!****

SPECIAL EVENT!

SHAKE N PAINT!

Wednesday, November 13th

\$25

Nutrition Bar opens at 5:30pm. Painting starts at 6pm